Aboriginal and Torres Strait Islander peoples experience racism stemming from ongoing settler-colonisation. This experience is unique to this population.

Like a health check up can help us track our health and wellbeing, this Check Up can help us track what we are doing and what more we could be doing to help eliminate racism against Aboriginal and Torres Strait Islander peoples. It is not an exhaustive list, but rather a series of prompts to help guide and track our ongoing efforts to eliminate racism.

### Organisation Check Up

For each statement below, mark the point on the spectrum that best represents where you are currently in your journey. Please refer to the resources below for additional ideas, and revisit this Check Up at a later date to monitor how your responses have changed.

#### Acknowledging

- **My organisation has an acknowledgement of Country.**

- **My organisation publicly states they are against racism.**

- **My organisation publicly states that Aboriginal and Torres Strait Islander sovereignty was never ceded.**

- **My organisation has policies against settler-colonial racism.**

- **My organisation has a process and procedure for reporting interpersonal racism.**

- **My organisation has a process and procedure for reporting structural racism.**

- **My organisation has a process to consider the impacts of all policy on Aboriginal and Torres Strait Islander peoples.**

- **My organisation uses trauma-informed practices across our work.**

#### Listening

- **My organisation defers to Aboriginal and Torres Strait Islander peoples on issues affecting them.**
There are many things we must do to eliminate racism. The ideas and resources in this Check Up are just a place to start.

Scan this QR code to access the Check Up resources.

To continue with your ongoing learning, review the resources. Come back to the Check Up in the future to monitor your organisation's progress and see which areas you can focus on next in the journey to eliminate racism against Aboriginal and Torres Strait Islander peoples.